WHAT'S THE TOPIC OF DISCUSSION?



DH Care Group offers a variety of workshops presented via presentation and interactive discussions.

All topics are relevant to challenges employees might experience in their own lives and even in the lives of those close to them. This will make them feel empowered and equipped, while learning a new skill at the same time.

Below follows a few topics up for discussion/presentations:

- Communication
- Alcohol Dependency
- Depression and Anxiety
- Sexual Harassment in the Workplace
- Drug Abuse
- Stress
- Financial Education
- HIV/AIDS awareness

A presentation on a topic can also be developed according to your employees' needs.

Contact us for a booking or quote, alternatively possibly developing a new topic for discussion.

Because we care!

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